Complete the Sentence

Use the words in the list below to complete the sentence

1. Popcorn is a ____________  ____________.
2. Compared to most snack foods, popcorn is low in ____________.
3. Popcorn is a good source of ____________, which means it makes you feel full longer.
4. Without ____________, popcorn can’t pop.
5. Popcorn is made up of three main components: endosperm, ____________, and the hull.
6. Popcorn is a type of ____________, otherwise known as corn.
7. Most popcorn comes in two basic shapes when it’s popped: ____________ and ____________.
8. National ____________ Poppin’ Month is in October.

grain  mushroom  snowflake  popcorn  fiber  moisture  maize  whole  germ  calories