True - or - False
Answer these questions to see what you know about America’s favorite snack.

1. Popcorn was integral to early 16th century Aztec Indian ceremonies.
2. It is best to cook popcorn in butter on the stove.
3. Unpopped kernels are called old ladies.
4. You should keep your popcorn out on the counter.
6. Americans eat between 14 – 15 gallons of popped popcorn a year.

Have you ever wondered?

Why does popcorn pop?
Each kernel has some starch in it. When it gets hot, the moisture turns to steam. That steam makes it explode.

How long has popcorn been around?
For a very long time! Native Americans ate popcorn and used it as decoration for ceremonial headdresses, necklaces, and ornaments.

Is popcorn really healthy?
Yes! It is a grain, so it gives our bodies carbohydrates. In other words, we get energy from popcorn.

Can you crack the secret code below to answer the question?

This gives your body fuel in the form of energy.

Find the following popcorn words in this word search.
grain, energy, starch, microwave, old maid, moisture, fun, everyone loves, cheap, yummy

A Poppin’ Good Time

Answers

1. True
2. False
3. False
4. False
5. False
6. True

3rd / 4th grade Language Arts