**A Kernel of Truth**

**Popcorn Trivia**
1. There are this many types of corn, but only popcorn pops...
   A. 5  B. 9  C. 14
2. Popcorn pops best between...
   A. 600-630°  B. 500-550°  C. 400-460°
3. Some Native Americans used popcorn for...
   A. money  B. jewelry  C. tools
4. The Average American eats this much popcorn each year...
   A. 8 quarts  B. 52 quarts  C. 45 quarts

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**Carbohydrates**
It's a big word and one that gives our bodies the energy we need to live, work and play. How many words can you make from this word? You can rearrange the letters. Award yourself 1 point for every word with three or more letters. Continue your list on back of this sheet.

<table>
<thead>
<tr>
<th>Carbohydrates give you</th>
<th>Popcorn dates back to Aztec Indian</th>
<th>You can make popcorn in the</th>
<th>Popcorn is fun for the whole</th>
<th>The oldest popcorn ears were found in caves in</th>
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**Zea Mays Everta**
What's that you say? It's the scientific name for popcorn. All plants have a common name as well as a scientific name. Use your dictionary to find out other information about this delicious plant.

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**Answers:** 1. Carbohydrates give you ____________________________.
2. Popcorn dates back to Aztec Indian ____________________________.
3. You can make popcorn in the ____________________________.
4. Popcorn is fun for the whole ____________________________.
5. The oldest popcorn ears were found in caves in ____________________________.